

<https://doi.org/10.29289/259453942024V34S1095>

# Nursing team interventions in the early diagnosis of breast cancer

Marina Elias Rocha<sup>1</sup>, Élyda Vanessa Leonel Oliveira<sup>1</sup>, Jaziane Gonçalves Santos<sup>1</sup>, Geffson Damaceno Machado<sup>1</sup>

<sup>1</sup>Estácio de Sá de Goiás, Goiânia.

**Objective:** This study aimed to identify nursing interventions in the early diagnosis of breast cancer. **Methodology:** An integrative literature review was carried out from 2017 to 2024, using the PubMed, MEDLINE, and SciELO databases.

**Results:** The cancer panorama is constantly changing, and given this current scenario, breast cancer has become the most commonly diagnosed cancer in the world, surpassing lung cancer. Given this problem, analyzing the importance of the nursing team's role in Early identification becomes vital, considering that it is the main form of prevention and premature treatment of the disease. It was analyzed that having continuous knowledge about the topic is essential for these professionals to maintain the effectiveness of their main duties. The following interventions were identified that the nursing team must be able to carry out: participating in ongoing education on the subject, carrying out the appropriate nursing consultation, according to the clinical condition and age group, carrying out a clinical breast examination correctly, evaluating symptoms and signs related to neoplasia, requesting and forwarding exams according to the standard operating procedure of each institution, and monitoring the diagnosis and treatment of each client. All of this allows treatment to be started in advance, preventing the progression of this cancer to more advanced stages and consequently death.

**Conclusion:** Therefore, the nursing team plays an important role in carrying out this identification through their respective duties, as they work directly in the primary health care stage, having constant updating of their knowledge in relation to the topic brings better performance to these professionals, which is essential in relation to their role as a nurse, which involves both the physical and emotional aspects that are related to the health-disease process.

**Keywords:** breast neoplasms; early detection of cancer; nursing.